



Aspire Indiana Fact Sheet

WHAT WE DO

Aspire Indiana is a private nonprofit organization that provides therapy and recovery services to people living with behavioral and mental health disorders, addictions and substance abuse.

Because Aspire understands that behavioral health problems can result from a variety of situations – medical, psychiatric, social, cultural, educational and vocational – a team of experts works with each client to develop a comprehensive treatment plan, with the goal of helping each individual live as independently as possible within his or her community. Aspire sees treatment as an ongoing process rather than a “cure.”

Clients receive care through in-patient facilities, one-and-one counseling and care, group therapy, family therapy and more, and many of these services are offered on a sliding-fee scale for those who don't have insurance. Last year, Aspire provided more than \$8.9 million in charity care and allowances to help individual's access services.

The behavioral health and addictions counseling and treatment programs take place at:

- **Counseling facilities** in Anderson, Carmel, Elwood, Indianapolis, Lebanon and Noblesville.
- **Group homes** in Marion and Madison counties, where people with mental or behavioral disorders learn life skills to help them live independently.
- **The May House**, residential treatment facility in Anderson for those in transition or those living with persistent and serious mental illness. Residents stay in the May House until permanent housing can be secured. Opened in July 2010, it is named for supporter, John L. May, a long-time advocate for people with mental illness.

Because Aspire understands that factors not directly related to mental health can affect a client's ability to receive or benefit from services, Aspire also provides:

- **Deaf and hearing-impaired services.** No facilities in Indiana provide more comprehensive services and options for children and adults who are deaf, hard of hearing or deaf-blind and experiencing mental illness and/or emotional distress. Aspire's nationally recognized program includes both inpatient and outpatient services, a supervised Deaf Group Home, employment services, acute- and long-term hospitalization and American Sign Language (ASL) interpreting services.
- **Training and rehabilitation.** Care coordinators and life-skills instructors help clients learn to live independently. Clients also receive employment training and help finding jobs in their communities, and some are employed in our Social Enterprises program.
- **Crisis intervention.** Aspire has a 24-hour Crisis Intervention service to help those in need.
- **Shelter.** Aspire has access to or manages a variety of housing options for its clients, including rapid re-housing, shelter plus care, HOPWA, Section 8 apartments, PATH, and Co-Op living.

- **HIV/AIDS.** Aspire coordinates case management and housing services for people living with HIV/AIDS and also offers HIV testing and prevention programs. The organization has provided services to more than 5,000 of the 9,798 people living with HIV/AIDS in Indiana, and it offers a special program for those dually diagnosed with HIV and a substance-related disorder.
- **Employment.** Aspire provides supported employment, ticket to work and social enterprise services.

WHO WE ARE

Aspire has approximately 400 total employees. Of those, 380 work at counseling facilities and group homes in Boone, Hamilton, Madison and Marion counties, with the remainder working at the organization's Noblesville headquarters. More than 70 of Aspire's staff members are licensed clinical social workers, psychologists, psychiatrists, advanced practice nurses or registered nurses.

INNOVATIVE SOCIAL ENTERPRISES

Aspire launched its social enterprise operations in 2008 as a way to support its programs and enhance the lives of its clients.

- **Harvestland** is a farm with a two-acre outdoor garden and 10,000 square feet of greenhouse space. Crops are grown organically without the use of herbicides, pesticides or chemicals year-round. Harvestland generates revenue three ways: through its onsite farm stand; through stands at farmers' markets in Noblesville during the summer and the Winter Market in downtown Indianapolis during the winter; and through a "share" program in which nearly 100 shareholders pay to receive a weekly box of seasonal produce. When fully operational, Harvestland is expected to generate \$150,000 in annual revenue. The property includes about 15 wooded acres, a house where interns stay and a separate building that provides "respite" lodging for up to 15 Aspire clients. Harvestland opened in the fall of 2009 after Aspire purchased property, which formerly housed a youth rehab facility and, before that, a Montessori school. In addition to Harvestland, the organization runs a two-acre farm at Shepherd Park in Anderson.
- **Aspire Vending Services** provides vending machines for snacks, coffee, drinks and gumballs in more than 70 locations. Aspire employees deliver the products and service the machines regularly. The service is free to employers.
- **Aspire Housekeeping Services** provides cleaning at more than 12 commercial locations.

HISTORY OF ASPIRE

Aspire Indiana was formed in 2009 through the merger of two long-standing mental and behavioral health organizations – The Center for Mental Health in Anderson and BehaviorCorp in Carmel.

BehaviorCorp was founded as Tri-County Mental Health in 1973. The name was changed to BehaviorCorp in 1997.

The Center for Mental Health was founded in as the Madison County Guidance Center in 1968.